

Adult Swim Timetable							Here we GO
Time	Monday	Tuesday	Wednesday	Thursday	Friday		
12:00	Adult Beginner & Improver (Shallow water)	Adult Swim Active (Deep water)					
12:15			Adult Beginner & Improver (Shallow water)	Adult Beginner & Improver (Shallow water)	Adult Beginner (Shallow water)		
12:35	Adult Beginner & Improver (Shallow water)						
12:50					Adult Beginner (Shallow water)		
13:00					Adult Improver & Adult Swim Active (Shallow water)		
13:10	Adult Beginner & Advanced (Shallow water)						
18:25					Adult Advanced (Deep water)		
18:30					Adult Beginner & Improver (Shallow water)		
18:50			Adult Beginner & Improver (Shallow water)				
19:00	Adult Beginner - Improver (Shallow water) & Advanced (Deep water)		Adult Advanced (Deep water)				
19:15					Adult Swim Active (Shallow water)		
19:25			Adult Beginner & Improver (Shallow water)				
19:35	Adult Beginner & Improver (Shallow water)				Adult Beginner & Improver (Shallow water)		